



STATE PROFILE 2014



NURSE-FAMILY PARTNERSHIP IN INDIANA

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield more than five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Positive Outcomes for Clients Served by Indiana's Nurse-Family Partnership

89% of children at age 12 months were fully immunized

90% of babies were born full term

89% were born at a healthy weight - at or above 2500g (5.5 lbs)

87% of mothers initiated breastfeeding

CLIENT DEMOGRAPHICS

At intake

Median age: 20

91% Unmarried

Cumulative data as of Sept. 30, 2013.

Race

24% White

12% Declined to self-identify

53% Black or African American

10% Multi-racial

1% Asian

Ethnicity

77% Non-Hispanic/Latina

20% Hispanic/Latina

3% Declined to self-identify

Data Oct. 1, 2012 - Sept. 30, 2013.

All data is client self-identified.



In Indiana, Nurse-Family Partnership (NFP) is operated by the Goodwill Industries of Central Indiana which implements the program in central Indiana. The partnership between Goodwill Industries, Nurse-Family Partnership, and public and private sector organizations in Indiana aims to better the maternal and child health outcomes in the state of Indiana.

IMPLEMENTING AGENCY CONTEXT

The Nurse-Family Partnership, implemented through Goodwill Industries of Central Indiana, began serving families in Marion County in November of 2011.

FUNDING CONTEXT

In addition to the direct support of Goodwill Industries, funding for Nurse-Family Partnership in Indiana comes from the federal Maternal, Infant and Early Childhood Home Visiting Program (MIECHV) through the Indiana State Department of Health.

In Indiana, NFP partners with Goodwill educational and employment programs to provide a continuum of care to NFP families. Goodwill's entire enterprise helps NFP families find employment, increase educational attainment and obtain high quality resources necessary to achieve financial independence. Goodwill NFP is also integrating its operations with high value health systems to achieve greater health outcomes and lower health care costs.

A RIGOROUSLY TESTED PROGRAM WITH MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is a rare community health program that has been documented to achieve lasting significant effects through multiple, well-designed randomized, controlled trials. More than 35 years of research proves that it works. This evidence shows our clients — low-income, first-time mothers — that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and the communities invest in Nurse-Family Partnership could realize more than five dollars in return.

National Recognition

- A recently reported study funded by The Pew Center on the States calculated a 6 to 1 return on investment in Indiana.
- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-5.70 return per dollar invested in the program.
- The Coalition for Evidence-Based Policy identifies Nurse-Family Partnership as one of only two early childhood programs that meet its "Top Tier" evidence of effectiveness.
- The Partnership for America's Economic Success finds investments in early childhood programs, such as Nurse-Family Partnership, to be stronger investments than state business subsidies when viewed from a long-term, national perspective.
- The Center for the Study and Prevention of Violence reviewed over 650 programs with published research in peer-reviewed literature. Nurse-Family Partnership was found to be one of 11 (or 6%) of the programs, that clearly work or even appear promising. The Center fully supports and endorses NFP as one of its "Blueprints" programs.

ESTABLISHED: 2011



Kimberly J. Friedman, JD
Program Developer
303.865.8402

NFP National Service Office
1900 Grant Street, Suite 400
Denver, CO 80203-4304
www.nursefamilypartnership.org