



Indiana Youth Services Association

Thursday, August 31, 2023
Business Meeting

Business Meeting 9:00 am –12 pm

Welcome Introductions/Checking in: 1. Lori Harrington – Bashor, 2. Jackie Marshall – Bauer, 3. Kim Grizzel – BGC Harrison, 4. Alicia Painter – B & GC Wayne County, 5. Brandon Halleck – CASY, 6. Laura Fleming-Balmer and Ashley Braswell – Clark County, 7. Margaret Prozin – Crisis Center, 8. Misty White – Firefly, 9. Chuck Kime – FFY, 10. Jim Ward – Hillcrest, 11. Jessica Houchin – HH PACT, 12. Troy Hedges – Jefferson County, 13. Karen Branch– Montgomery County YSB, 14. Leah Pezzarossi – Open Door, 15. Mary Robison – Perry County, 16. Kendee Kolp – R4Y, 17. Katrina Coryell and Heather Law– Scott County, 18. Nik Sloan – YOC, 19. Amy Just – YMCA Fort Wayne, 20. Jan Williams – YSB Huntington, 21. PJ Corwin – YSB Jay, 22. Steve Bernth – YSB LaPorte, 23. Vanessa Schmidt – YSB Monroe 24. Nia Parillo – YSB St Joe
Absent – FSC (signed in but didn't stay) Moorhead
IYSA Staff – David, Robin, Michele, Surekha, Tom, Melinda, Jeananne, Chrissy
Guests – IU Career Center – Amanda Zwissler and Susan Simmons, IYI IYWVB – Cassie Wade and Evan Dentley, DCS- Willie Taylor

Indiana Youth Worker Wellbeing Project (Cassie) – See PowerPoint Attached – Another informational webinar on October 18th

1. TeleHealth - Agencies need to indicate interest and turn in employees' demographics by December 8th, new employees can be added monthly after December 8, 2023 – individual employees can opt out if they do not want their information shared.
Jim asked if he could offer this to only his part-time people since full-time people are covered – Cassie and David said that the intent is to include all youth care workers but they will check on this.
Aggregate data will be collected and agencies will have access to the data to examine utilization and ROI
Kendee made the point that this will aid in recruitment and retention of staff members
No cut off in terms of hours required to work for part-time employees
2. Coming soon:
 - a. Drop-In online Support groups for direct care workers
 - b. Emerging Leaders of Color
 - c. Agency funding opportunities for diversity, equity, inclusion and belonging work and trauma-informed agency work
 - d. Convening for the leaders of youth-serving organizations (virtually and in-person) to share information on how to improve working conditions and business practices to improve youth worker well-being.
 - e. <https://www.iyi.org/resources-youthworker-wellbeing/>

IU Career Center – Handshake Sign Up and Partner Opportunities – Amanda Zwissler and Susan Simmons - PowerPoint is attached and recorded session is available
Handshake sign up help – Amanda - amazwiss@iu.edu

Membership Committee Report (Jan)

1. Crowdsourced Coaching – Peer leadership support group that was offered to E.D.s and Middle Managers groups – a compilation will go out to everyone
Robin will send out an email to gauge interest in other E.D. and Middle Managers groups
Brandon – great opportunity to talk to others going through the same thing and learned from others and the virtual format
Jan – liked the Zoom option and there was a wide variety of tenure with the group so learned from the seasoned and the new directions, looking forward to another Middle managers group for her staff, comfortable and safe
Vanessa – found it very valuable as a new Deputy Director and sent two middle manager groups and they provided great feedback about the process and its value
2. Director Mentoring Opportunities – The committee is discussing how to better engage new YSB Directors or IYSA liaisons. Please be on the lookout for a short survey about new member orientation and engagement and support plan
3. We asked DCS if we had to continue Desktop reviews and how often should be looking at P & Ps for the onsite peer reviews (those that auto-select as “in compliance.” More information will be forthcoming

Program Committee Report (Robin and IYSA Program staff):

1. Awards/Recognitions
Brigitt Nasby – Safe Place Coordinator of the Year at the NSP conference
Kenneth and ITVAP - Distinguished Impact Award from Abundant Life Institute
Meagan Cunningham = ITVAP work featured in August IU newsletter
Genevieve – Will have an article in People online soon
2. YSB Updates –
 - a. Database changes – The changes to the IYSA database discussed last Quarterly have been made for the Core Role reporting. Robin sent out a new tracking sheet that exactly matches the database. The Retro pre/post is updated with new language in the question about extracurricular activities and some of the reports that are not being used have been removed to clean up the Report Page, though the data is still there on the back end.
3. DEI Youth Curriculum update - Over 30 individuals have gone through the complete training representing 17 different agencies, 10 of which are YSBs. Robin would like to offer fall in-person sessions but we need more to register to make that happen.
https://indianayouthservicesassociation.formstack.com/forms/dei_youth_curriculum_presenter
4. Safe Place update – IYSA received continued funding from FSSA for Safe Place to focus on suicide prevention and youth mental health. To that end we are offering new QPR GateKeeper training on October 20th and if any YSB agency is interested in sending staff please let Robin know. IYSA also has two staff trained to provide Youth Mental Health First Aid training so please let Robin know if you'd like to host a training for your agency or community for either YMhFA or QPR. IYSA will be presenting to the DCS Fiscal committee about Hannah Robinson's request for a significant fund increase for Safe Place on September 18th.
5. The Journey updates – the reimagining work is going well and Journey fellow have received awards for their work – Child and Youth Care Practice – newcomer and Lifetime achievement
6. ITVAP updates – Working to establish new coalitions or re-energizing coalitions in Northwest and in the Vigo County region. Fort Wayne is working to establish itself as a 501C3 but they have a fiscal agent and BOD and new training in HT101 and the youth curriculum. January is

Human Trafficking Awareness month and working on the See and Free campaign and a Statehouse event – January 9th, 2024

7. CYC updates – BGC Harrison, FFY, Bashor, and Perry doing CYC work – applications and tests and IYSA can cover the fees for any professional membership
Now have 500 CYC certified in Indiana, new Foundations classes start online in two weeks and November-December training – September 6th – online CYC info sessions.
Jeananne said the biggest barrier is training documentation and YSBs can support their workers in this area.
https://indianayouthservicesassociation.formstack.com/forms/info_session_for_cyc_certification
8. IN ACEs Coalition updates – Just finished another ACEs Master Trainer session bringing us to over 200 Master trainers. IYSA is finalizing the DOH funding and they have asked for a two-year budget, will be having a April conference for IN Master trainers – highlighting Self-Healing communities work in South Bend
9. MGD updates – Just launched the college social media campaign with Radio One. Golf Outing is September 11th

Finance Committee Report (Kendee)

1. 2022 Audit – clean audit – kudos to Surekha
2. Finances are in good shape, largely due to Michele and fundraising - grossed 172K for the Blind Pig

Advocacy Committee (Leah) –

1. WISH-TV Project – DCS-funded awareness – Lifestyle Live and All Indiana for monthly selected featured YSBs for eight months running August 2023 – March 2024, and will have media materials for the surrounding YSBs
David – launched in August featuring Reach for Youth and Moorhead Community Resource Center. Monday, August 28th Lifestyle featured R4Y and today is Moorhead on All Indiana. Will be in Fort Wayne to tie to Suicide Prevention awareness and will connect to other efforts such as Human Trafficking Prevention in January and Safe Place week in March.
You can find the August features at wishtv.com

State Office Report (IYSA Staff)

1. Retreat Summary – Jeananne – sold out – 69 in-person and another 25 people for the online access and you can still sign up for online sessions. Five in-person workshops and great participation. 2024 Retreat will be at Oakwood Resort Center in Syracuse, IN in the northern part of the state.
2. Youth Worker Awards - three new categories:
 - Indiana Youth Advocate award – 18 and under
 - Indiana Community Impact and Empowerment Award – individual or a business
 - Indiana Youth Worker of the Year AwardNominations are open until October 1st and YSBs are encourage to share this with partners. We also need selection committee members to review the nominations and help select winners.

Awards nomination form & Selection committee link:

https://indianayouthservicesassociation.formstack.com/forms/youth_worker_nomination_form

3. 50th Anniversary Gala - December Quarterly meeting in Indy at Columbia Club November 30th and December 1st. There is a 50th Gala committee and could be a great professional development opportunity for YSB staff people and the meetings are virtual.

Jan asked about a dress code for the Gala – professional or cocktail dress, comfortable, not formal

4. Agency Updates

- A. BSCA (bipartisan stronger community grants) for mental health services for youth – \$400,000 for the next three years
- B. YMCA Fundraiser – September 19th – Fort Wayne Sings with six singers and RSVP to Amy– fwymca.org/ft-wayne-sings
- C. Jan – Don't assume that people know about 988 and the suicide prevention efforts so please share this as much as possible. Margaret at Crisis Center, a call center, said that the Indiana marketing of 988 is coming soon and the state is looking to develop mobile crisis response teams. Jan wants to know who to contact to get more 988 marketing materials – Marion Collins at Crisis Center

12 Noon – Lunch Break

Training

Training
1 -
3:30
pm

Attendance: 1. Lori Harrington – Bashor, 2. Jackie Marshall – Bauer, 3. Kim Grizzel – BGC Harrison, 4. Alicia Painter – B & GC Wayne County, 5. Brandon Halleck/Karen Hargding– CASY, 6. Laura Fleming-Balmer and Ashley Braswell – Clark County, 7. Margaret Prozin – Crisis Center, 8. Misty White – Firefly, 9. Chuck Kime – FFY, 10. Jim Ward – Hillcrest, 11. Jessica Houchin – HH PACT, 12. Troy Hedges – Jefferson County, 13. Karen Branch – Montgomery County YSB, 14. Leah Pezzarossi – Open Door, 15. Tara Bishop – Perry County, 16. Kendee Kolp – R4Y, 17. Katrina Coryell and Heather Law– Scott County, 18. Nik Sloan – YOC, 19. Amy Just – YMCA Fort Wayne, 20. Jan Williams – YSB Huntington, 21. PJ Corwin – YSB Jay, 22. Steve Bernth – YSB LaPorte, 23. Vanessa Schmidt – YSB Monroe 24. Nia Parillo – YSB St Joe 25. Paige Hamilton - FCS
Absent – FSC, Moorhead

Title: THE RESILIENT LEADER: HOLD FAST, STAY TRUE

Description: Picture having to navigate through a storm where the visibility is low and familiar roads previously taken lead to roadblocks, detours, and uncharted territory. You've never traveled this way before, yet you continue. Finally arriving, you sit in a daze just grateful you made it, barely.

For many in executive leadership, both in the public and private sectors, individuals and organizations are still reeling from the trauma of the global pandemic.

The question now is how to continue to be a resilient leader; how to hold fast and stay true to yourself and organization while still tackling increasing issues of burnout, decreased leadership and employee engagement, turnover and other organizational challenges.

In our session we will examine, address, and develop protective factors to:

- Increase wellness by decreasing anxiety, burnout, frustration, and sleeplessness.
- Provide immediate tools and techniques to mitigate the impact of stress and overwhelm.

- Increase ability to handle challenging people and situations.
- Support work-life balance and improve energy management.
- Increase and sustain personal resilience and energy levels.
- Enhance ability to focus, process information and solve problems.
- Heighten clarity and innovation.

Hold on, change is coming!

Recommended Books:

https://www.amazon.com/Eat-That-Frog-Important-Things/dp/1444765426/ref=sr_1_4?keywords=eat+that+frog&qid=1693503859&srefix=eat+that%2Caps%2C132&sr=8-4

www.amazon.com/Atomic-Habits-Proven-Build-Break/dp/B08BJ5JHX2/ref=sr_1_4?keywords=atomic+habits&qid=1693503618&sr=8-4

https://www.amazon.com/Hidden-Life-Trees-Communicate_Discoveries-Secret/dp/1771642483/ref=sr_1_1?crd=3PIW35NYXWY45&keywords=hidden+life+of+trees+book&qid=1693509251&srefix=Hidden+Life+of+Trees%2Caps%2C974&sr=8-1

https://www.amazon.com/Live-Your-Dash-Moment-Matter/dp/1402787294/ref=sr_1_1?crd=HKLFJU8BH1NP&keywords=live+your+dash+book&qid=1693509407&srefix=Live+your+dash%2Caps%2C161&sr=8-1

https://www.amazon.com/Chasing-Daylight-Forthcoming-Death-Transformed/dp/B09BBHVKLR/ref=sr_1_1?crd=2230QGV8IF43L&keywords=chasing+daylight+book&qid=1693509463&srefix=chasing+daylight+book%2Caps%2C153&sr=8-1

Presenter Bio: Nicole Williams

Nicole Williams embodies what it means to utilize the power of music to enhance the lives of people. A native of the Bronx, N.Y and graduate of renowned Berklee College of Music in Boston, MA, Nicole has an extensive musical background expanding decades both as a professional musician and music educator. She holds several evidence based experiential certifications and is a certified Resiliency Trainer. Nicole's work, knowledge and genuine concern for individual and organizational wellness, success and resilience is evident by clients that sought her expertise which include the Lebron James Family Foundation, I Promise School, University of Notre Dame, Indiana Department of Health, Beacon Health System, United Way of St. Joseph, Chick-Fil-A, DePuy Synthes (Johnson & Johnson), Saint Mary's South Bend Community Schools Corporation and Elkhart Community School Corporation.

	Since moving to the Midwest with her husband Theo over a decade ago she been jamming ever since!
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